

# CONTINUING PROFESSIONAL DEVELOPMENT

## March

- Aromatherapy for Alzheimer's disease. Full (£80) or half-day (£50) workshops. Free club membership. Phone for details. AHT
- 2 Chinese acupressure massage, with Debbie Hodgson, Hinckley, £100 PPA
- 2-4 Aromatic-kinesiology level 2, Dublin, €00 OBUS
- 3 Essential oils and the immune system, with Ron Guba, Hong Kong HK\$1,500\* APA
- 3-4 Hot stone massage including foot reflex, hot stone massage, with Anita James, Ash, nr Aldershot, Surrey, £200 SEED
- 4 Aromatherapy and regenerative skin care, with Ron Guba, Hong Kong HK\$1,800\* (\*enrol 3 or more 5% discount & early bird discount extra 5% off before 31.12.11) APA
- 5 Walker technique: fascia draining, with Bernard Elliott-Smith, Ash, nr Aldershot, Surrey, £100 SEED
- 5-7 Aromatology licentiate diploma Module 2, with Penny Price, Hinckley, £330 PPA
- 6 CAM for palliative care, with Peter Mackereith, £90 CMU
- 6 Walker technique: the spine and back pain, with Bernard Elliott-Smith, Ash, nr Aldershot, Surrey, £100 SEED
- 6-7 Indian head massage, with Alix Davies, Adwick, Yorks, £200, CC
- 7 Walker technique: the limbs, Bernard Elliott-Smith, Ash, nr Aldershot, Surrey, £100 SEED
- 8-9 Traditional Thai massage (table top), with Sandra Oram, Hinckley, £200 PPA
- 8-9 Infant massage part 1 with Alix Davies, Adwick, Yorks, £200, CC
- 10 Saturday club, Essential oil chemistry made easy Part 1, with Alix Davies, Adwick, Yorks, Free CC
- 10-11 The Hearts process, The Christie, Manchester, £90 for IFPA members, CITTU
- 10-11 Thai foot massage, Dublin, €00 OBUS
- 10-11 Reflexology days 1 & 2 of 4, Atherstone, Warwickshire, £400 TAC
- 12 The creamy craft of cosmetic making (includes book and cosmetics made), Brighton, £120 + VAT 10% discount for IFPA members JBS
- 12 Aroma-theory refresher day, with Debbie Moore, Hinckley, £100 PPA
- 12 Hands-free massage, Ash, nr Aldershot, Surrey, £100 SEED
- 12 Through the towel techniques, shiatsu, pulsing, cranio-sacral, with Anne Parry, Ash, nr Aldershot, Surrey, £100 SEED
- 13 How to make liquid shampoos, conditioners and bath bombs (includes book and products made), Brighton, £120 + VAT 10% discount for IFPA members JBS
- 13 Aromatherapy product training day, with Debbie Moore, Hinckley, Free PPA
- 13 Tsuboki: Japanese hand massage, with Anne Parry, Ash, nr Aldershot, Surrey, £100 SEED
- 13 Sitting back massage (\*DL), Ash, nr Aldershot, Surrey, £100 SEED
- 14-15 Chemistry of essential oils with Alix Davies, Adwick, Yorks, £200 CC
- 14-16 Anatomy and physiology diploma Part 1, with Sandra Oram, Hinckley, £300 PPA
- 16 Aromatherapy for respiratory conditions, Atherstone, Warwickshire, £100 TAC
- 17-18 Hot stone massage including foot reflex hot stone massage, with Anita James, Barrow-in-Furness, Cumbria, £200 SEED
- 19 Hot stone massage, Hinckley, £180 + VAT, 10% discount for IFPA members, JBS
- 19-23 Clinical aromatherapy diploma module 3, with Debbie Moore, Hinckley, £500 PPA
- 20-22 Massage for lymphatic drainage, with Alix Davies, Adwick, Yorks, £300 CC
- 21 Cellulite and detox, Atherstone, Warwickshire, £100 TAC
- 22-23 Intermediate therapeutic body massage, with Sandra Oram, Hinckley, £200 PPA
- 23-24 Business studies, with Alix Davies, Adwick, Yorks, £200 CC
- 24 14th annual clinical reflexology conference, working with challenging areas of practice, The Christie, Manchester, £90 for IFPA members, CITTU
- 24 Hypnotherapy – confidence with rapid inductions, The Christie, Manchester, £90 for IFPA members CITTU
- 24 Research and audit for beginners, Glastonbury, £99 FEA
- 24 Deep tissue cupping massage, Dublin, €25 OBUS
- 24 Saturday club, with Debbie Moore, Hinckley, FREE PPA
- 24 Deep tissue cupping massage, Dublin, €25 OBUS
- 24-25 Aromatherapy for pregnancy, London, £180 FTS
- 25 Massage for pregnancy and babies, Dublin, €25 OBUS
- 26 Hand reflexology, with Wendy Smith, Hinckley, £100 PPA
- 26 Aromatherapy for headache and migraine, with Debbie Moore, Hinckley, £100 PPA
- 27 Unusual and exotic essential Oils, with Wendy Smith, Hinckley, £100 PPA
- 27-30 Baby massage, Dublin, €30 OBUS
- 28-30 Sports and remedial massage, with Sandra Oram, Hinckley, £300 PPA
- 31 Chemical research for carrier oils, Tokyo ¥4,725 NYSNM
- 31 Professional open day, with Penny Price, Hinckley, £50 PPA
- 31-1 April Hot stone body massage, Dublin, €250 OBU
- 31-April Salvic 9 SHOULD THIS BE SLAVIC? massage, Glastonbury, £115 FEA
- Wendy Smith, Hinckley, £200 PPA
- 3 Understanding hydrolats, with Alix Davies, Adwick, Yorks, £100 CC
- 3 Walker technique: internal organs and conditions, with Bernard Elliott-Smith, Ash, nr Aldershot, Surrey, £100 SEED
- 4 Understanding carrier oils, with Alix Davies, Adwick, Yorks, £100 CC
- 4 Walker technique: elimination, nervous system and energy, with Bernard Elliott-Smith, Ash, nr Aldershot, Surrey, £100 SEED
- 5 Holistic facial, Atherstone, Warwickshire, £100 TAC
- 12 Hot stone therapy, Atherstone, Warwickshire, £100 TAC
- 13-15 Introduction to traditional Chinese medicine (TCM), Dublin, €300 OBUS
- 16 Learn how to make mineral make-up (foundation, blusher and eye shadow), Brighton, £130 + VAT, 10% discount for IFPA members JBS
- 16 Aromatherapeutic facial, with Anne Parry, Ash, nr Aldershot, Surrey, £105 SEED
- 16-17 Baby massage teaching certificate Part 1, with Wendy Smith, Hinckley, £200 PPA
- 17 Reflexology for pregnant women, with Sandra Oram, Hinckley, £100 PPA
- 17 Learn how to make natural make-up (lipstick, lip gloss, mascara and cosmetic pencils), Brighton, £130 + VAT, 10% discount for IFPA members JBS
- 17 Tsuboki: Japanese face massage, with Anne Parry, Ash, nr Aldershot, Surrey, £130 inc. DVD SEED
- 17 Walker technique: fascia draining, with Bernard Elliott-Smith, Barrow-in-Furness, Cumbria, £100 SEED
- 18 Holistic skin care, Brighton, £450 + VAT, 10% discount for IFPA members JBS
- 18 Walker technique: elimination, nervous system and energy, with Bernard Elliott-Smith, Barrow-in-Furness, Cumbria, £100 SEED
- 18 Auricular reflexology, with Sandra Oram, Hinckley, £100 PPA
- 19 Reflexology refresher day, with Wendy Smith, Hinckley, £100 PPA
- 19 Walker technique: fluid balance and joints, with Bernard Elliott-Smith, Barrow-in-Furness, £100 SEED
- 21 Saturday club, Essential oils in the bible – uses then and now, with Alix Davies, Adwick, Yorks, Free, CC
- 21-22 Reiki 1, with Andrew Fisk, Durham, £175 ETHOS
- 21-22 Aroma cosmetology Part 1, first of three weekends, Glastonbury, £133 FEA
- 21-23 Reflexology days 3 & 4 of 4, Atherstone, Warwickshire, £100 TAC
- 23 Stone massage, with Christine Fisk, Durham, £100 ETHOS
- 23 Qi drop therapy, Brighton, £120 + VAT, 10% discount for IFPA members JBS
- 23 Tsuboki: Japanese foot massage, with Anne Parry, Ash, nr Aldershot, Surrey, £140 (inc DVD & Ridoki) SEED
- 23-24 Hot stone massage with Alix Davies,

## April

# CONTINUING PROFESSIONAL DEVELOPMENT

- Adwick, Yorks, £200 CC
- 23–25 Massage for lymphatic drainage, with Sandra Oram, Hinckley, £300 PPA
- 26 – 19 October Reflexology (IFR accredited), Somerset, £795 BC
- 27 Hot stone massage masterclass, Debbie Moore, Hinckley, £100 PPA
- 27–30 Baby massage, Dublin, €630 OBU
- 28–29 Aromatherapy product blending: from creation to regulation, advanced certificate course with Alan Stuart, London, £175 ITHMA
- 28–29 Indian head massage, Dublin, €300 OBUS

## May

- Aromatherapy for menopause. Full (80) or half-day (£50) workshops. Free club membership. Phone for details. AHT
- 1–2 Advanced body massage techniques, with Sandra Oram, Hinckley, £200 PPA
- 4 Cellulite and detox, Atherstone, Warwickshire, £100 TAC
- 5 Saturday club, Essential oil chemistry made easy Part 2, with Alix Davies, Adwick, Yorks, Free, CC
- 7&8 Introduction to mindfulness, The Christie, Manchester, £140 for IFPA members, CITTU
- 9 Pregnancy massage, Atherstone, Warwickshire, £100 TAC
- 9–10 Hot stone massage including foot, reflex hot stone massage, with Anita James, Ash, nr Aldershot, Surrey, £200 SEED
- 11 Tamara energy healing and activation, Atherstone, Warwickshire, £150 TAC
- 11–13 Advanced massage techniques with trigger point therapy, Dublin, €00 OBUS
- 12 Essential oil quality, Glastonbury, £75 FEA
- 12 An aromatic walk and study day at Kew Gardens, with Harriet Robinson, London, £90 SMW
- 12–13 Adapting head massage for hospice and cancer care, The Christie NHS, Manchester, £140 for IFPA members CITTU
- 13 Vegetable oils, Glastonbury, £75 FEA
- 14 Self-hypnosis, with Andy Oldfield, Ash, nr Aldershot, Surrey, £100 SEED
- 14 Aroma-care for the elderly, with Wendy Smith, Hinckley, £100 PPA
- 15 Hypno-massage, with Andy Oldfield, Ash, nr Aldershot, Surrey, £100 SEED
- 15–16 Gentle touch massage, with Sandra Oram, Hinckley, £200 PPA
- 17 Aromatherapy for pain and arthritis, with Sandra Oram, Hinckley, £100 PPA
- 17 Aromatherapy for chakras, Atherstone, Warwickshire, £100 TAC
- 18 Aromatherapy and cancer care, with Sandra Oram, Hinckley, £100 PPA
- 19 Acupressure for complementary therapists, with Rosie Hoyle, The Christie NHS, Manchester £90 for IFPA members CITTU
- 19 Reiki workshops, level 2, Dublin, €125 OBUS
- 19 Reiki workshops, level 3, Part 1, Dublin,

## €300 OBUS

- 19 Aromatherapy study day at Kew Gardens – certified field study day with Dr Viv Anthony, Royal Botanic Kew Gardens, London £95 ITHMA
- 19–20 On-site chair massage, Dublin, €200 OBUS
- 20 Acupuncture approaches for acupuncturists working in hospice environment, with Rosie Hoyle, The Christie NHS, Manchester, £90 for IFPA members CITTU
- 21 Indian head massage, Atherstone, Warwickshire, £100 TAC
- 21–22 Business studies for therapists, with Sandra Oram, Hinckley, £200 PPA
- 22 Aromatic ear candling, Atherstone, Warwickshire, £100 TAC
- 23 An aromatic walk and study day at Kew Gardens, with Harriet Robinson, London, £90 SMW
- 23–24 Reiki 1, Atherstone, Warwickshire, £200 TAC
- 26 Become an expert in your profession, Dublin, €25 OBUS
- 26 Saturday club, with Debbie Moore, Hinckley, Free PPA
- 26–28 Indian head massage, Dublin, €225 OBUS
- 28 An evening with the angels, Dublin, €25 OBUS
- 28 Walker technique: fascia draining, Bernard Elliott-Smith, Ash, nr Aldershot, Surrey, £80 SEED
- 28–29 Indian head massage, with Wendy Smith, Hinckley, £200 PPA
- 29 Walker technique: the spine and back pain, with Bernard Elliott-Smith, Ash, nr Aldershot, Surrey, £100 SEED
- 30 Walker technique: fluid balance and joints, with Bernard Elliott-Smith, Ash, nr Aldershot, Surrey, £100 SEED
- 31 – 1 June Lymphatic drainage massage for clients with cancer or oedema, with Alison Perrott & Jane Rose, Ash, nr Aldershot, Surrey, £200 SEED

## June

- Aromatherapy for hypertension. Full (£80) or half-day (£50) workshops. Free club membership. Phone for details. ATH
- 2 Essential oil chemistry, Glastonbury, £75 FEA
- 3 Essential oil toxicology, Glastonbury, £75 FEA
- 5 Traditional ear candling with Alix Davies, Adwick, Yorks, £100 PPA satellite school CC
- 8 Traditional ear candling, with Debbie Moore, Hinckley, £100 PPA
- 9 Saturday club, with Alix Davies, Adwick, Yorks, Free CC
- 9–10 Aromatherapy 2 clinical applications and developments, The Christie, Manchester, £140 for IFPA members, CITTU
- 9–10 Foot reflex massage, Dublin, €75 OBUS

\*DL = course also available as distance learning

## IFPA-accredited schools

<b>APA</b>	Asia-Pacific Aromatherapy Ltd. Tel: 00 852 2882 2444 info@apagroup.com.hk
<b>BC</b>	Beaumont College of Natural Medicine Tel: 01749 675090 info@beaumontcollege.co.uk
<b>CMU</b>	Cardiff Metropolitan University Tel: 02920416755 jduffy@uwic.ac.uk
<b>ETHOS</b>	Education, Training, Health and Online Services Ltd Tel: 01388 451886 info@ethos.uk.com
<b>ITHMA</b>	Institute of Traditional Herbal Medicine & Aromatherapy Tel: 0207 708 2626 info@aromatherapy-studies.com
<b>JBS</b>	Jan Benham School of Aromatherapy Tel: 01623 797100 janbenham@hotmail.com
<b>NYSNM</b>	Neal's Yard School of Natural Medicines Tel: 81 3 5778 3652 sugiura_yurie@nealsyard.co.jp
<b>OBUS</b>	Obus School of Healing Therapies Tel: 00 353 1 6282121 info@obus.ie
<b>PPA</b>	Penny Price Aromatherapy Tel: 01455 251020 info@penny-price.com
<b>SEED</b>	SEED Institute Tel: 01229 470120 SEEDInstUK@aol.com
<b>CC</b>	Chalice College Tel: 01709 579193 E-mail: alix19@btinternet.com

## IFPA-approved CPD centres

<b>AHT</b>	Aroma Here & There Tel: 01506 834520 or 07834 525065 enquiries@aromahereandthere.co.uk
<b>CITTUC</b>	Christie Integrative Therapies Training Unit Tel: 0161 446 8236/0161 446 3524 Joanne.barber@christie.nhs.uk
<b>FEA</b>	Fragrant Earth Academy Tel: 01458 831216 E-mail: ics@fragrantearthhint.com
<b>FTS</b>	From the Seed Tel: 07970 773030 jo@fromtheseed.co.uk
<b>JBS</b>	Jan Benham School of Holistic Studies Tel: 01623 797100 janbenham@hotmail.com
<b>SMW</b>	Sparklemore Wellbeing Tel: 07876 705095/0208 613 1108 info@sparklemore.com

**NOTE:** Courses above provided by either IFPA-accredited schools (pages 32–33) or IFPA-approved CPD centres (page 36)

## IFPA–approved CPD centres

Contact direct for course details  
(see also page 34–35)

### Aroma Here and There (AHT)

Audavlen House, Bridgend, Liniithgow,  
West Lothian EH49 6NH  
Contact: Debbie Brettell  
Tel: 01506 834520 or 07834 525065  
enquiries@aromahereandthere.co.uk  
www.aromahereandthere.co.uk  
For course dates see page 34;  
tailor–made courses see website.

### From the Seed (FTS)

Contact: Jo Kellett  
01273 542358  
jo@fromthe seedco.uk  
www.fromtheseed.co.uk

### Integrative Therapies Training Unit (ITTU)

The Christie NHS Foundation Trust,  
Wilmslow Road,  
Manchester M20 4BX  
0161 4468236 or 0161 4463524  
peter.mackereth@christie.nhs.uk or jacqui.stringer@christie.nhs.uk  
www.christie.nhs.uk/pro/cs/comp/training.asp

### Jan Benham School of Holistic Studies

18 Milton Crescent  
Ravenshead, Nottinghamshire  
Contact: Jan Benham  
Tel: 01623 797100  
janbenham@hotmail.com  
www.aromashoppe.com

### Shirley Price Aromatherapy Ltd

8 Hawley Road  
Hinckley  
Leicestershire LE10 0PR  
Tel 07747 867899/01455 615466  
Fax: 01455 615054  
enquiries@shirleypricearomatherapy.com  
www.shirleyprice.com

### Sparklemore Wellbeing

5 Epping Court  
Lordship Lane  
London SE22 8NJ  
Tel: +44 (0)787 6705095 or +44 (0)20 8613 1108  
info@sparklemore.com  
www.sparklemore.com

## First aid courses

See page 35 for contact details

### March

24 First Aid, €125, Dublin, OBUS

### April

21 First Aid, €125, Dublin, OBUS

## The 1st International Congress of Aromatherapy

August 31 (Fri)– September 2 (Sun) 2012  
Kyoto International Conference Center, Kyoto, Japan

第1回 国際アロマセラピー会議

Organized by  
ICA2012 Organizing Committee  
Chair: Seiji SHIODA  
(Ph.D. Professor and Chairman,  
Department of Anatomy, Showa University School of Medicine)

Co-Organized by  
Japanese Society of Aromatherapy

### Keynote Speakers

Kazuhiko ATSUMI  
Jane BUCKLE  
Lora CANTELE  
Rhiannon HARRIS

### Main Topics

- Medical & Clinical Aromatherapy
- Future Prospects  
for Clinical Aromatherapy



ICA2012  
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E-mail: [ica2012@issjp.com](mailto:ica2012@issjp.com)

**botanica2012**  
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Rhiannon is Director of Essential Oil Resource Consultants and the  
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[www.botanica2012.com](http://www.botanica2012.com)

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